

What is this life if, full of care, We have no time to stand and stare.

Sometimes you win, sometimes you learn

# Words to Ponder as you wander

If it scares you, it might be a good thing to try

There but for fortune go you or I

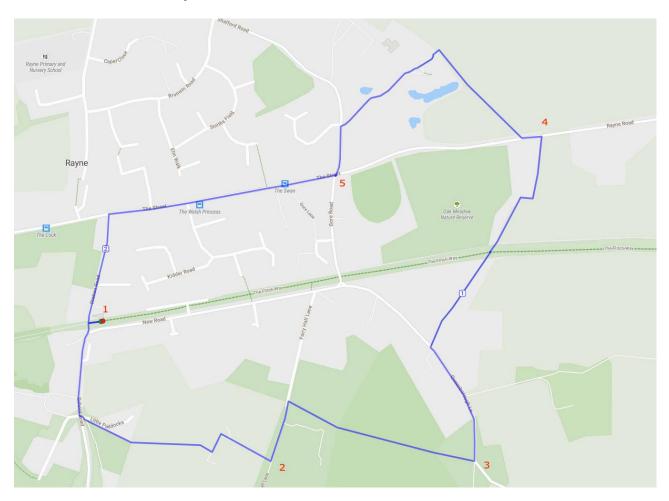
Life is not a competition We are here to enjoy life and help others enjoy theirs.

Our world is not divided by race, colour, gender or religion. Our world is divided into wise people and fools. And fools divide themselves by race, colour, gender, or religion 1. A walk along the Flitch Way and round the south of Rayne. 3.25 Miles

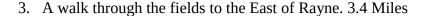


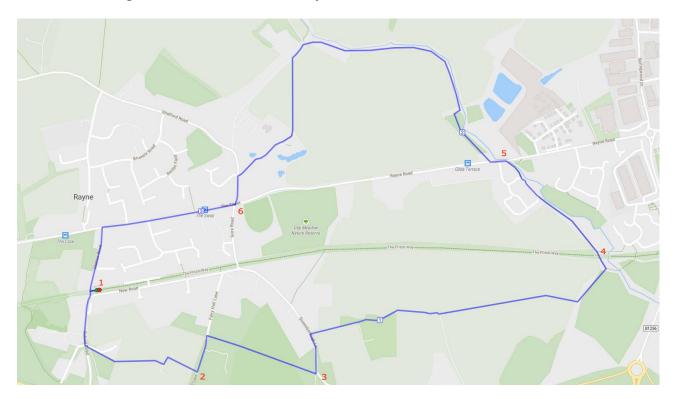
- 1. Start the walk from the station and walk along the Flitch way away from the railway carriage. Continue along the Flitch way past the crocodile, across Gatewoods Lane and over the A120. Just before you get to Fentons Bridge take the path on the left going up off the Flitch way to the road. At the road turn left. After 300 yards there is a track to the right. Take this track towards Drapers Farm.
- 2. Just before the farm is a footpath to the left. Follow this to the field and then go to the right along the edge of the field. Continue along this path till you reach School Road.
- 3. At the road look right. Across the road, there is a bungalow, walk up the lane to the left of the bungalow to the end. At the end turn left and walk straight across the field. At the far side of the field turn right and follow the edge of the field round to the left. Continue following the edge of the field for about 200 yds where there is a path across the field, past the end of a hedge, to the trees on the far side. Go to the far side of this hedge and follow the path to the left with the hedge on your left until you get to the Great Notley Country Park.
- 4. When you cross the bridge into the Great Notley Country Park turn left. Follow this path round the edge, turning right until you reach the T junction where you turn left and go over the bridge taking you over the A120.
- 5. After going over the A120 the path turns left and runs along the side of the A120 until it reaches Fairy Hall Lane. Follow the road past Rayne Riding Stables, on your right. When Fairy Hall Lane reaches New Road look across the road and there is a gap through the hedge that will lead through to the Flitch Way, Once on the Flitch Way turn left and follow the Flitch Way back to the station.

## 2. A short walk round Rayne 2.1 Miles



- 1. With the Carriage behind you, leave the station and immediately turn left through the crossing gate and walk up School Road. Walk up School Road for about 200 yards and there is a road on the left called The Paddocks. Walk up this road and there is a narrow footpath on the right that goes behind the bungalows. Take this path behind the bungalows and across the field to Fairy Hall Lane.
- 2. Turn left down Fairy Hall Lane past Rayne Riding Stables and just past the next house is a footpath on the right. Follow this footpath and then across the field to Queenborough Lane.
- 3. Turn left along Queenborough Lane, after about 300 yards you will see a footpath on the right beside a bungalow. Follow this footpath till you reach the Flitch Way. To the right on the opposite side of the Flitch Way there is a footpath that goes down and along the side of the field. Follow this path till you reach Rayne Road.
- 4. Cross Rayne Road and turn left, after 30 yards there is a footpath through a gap in the hedge to your right. Take this footpath and go straight across the field towards Rayne Church. Go to the far side of the church and then turn left towards the front of the church. Continue on this path out of the church yard and turn left onto Shalford Road. Cross the road and walk up to the traffic lights.
- 5. At the traffic lights turn right and walk through the village until just after the Post Office you will see Station Road on your left. Walk up Station Road back to the station.



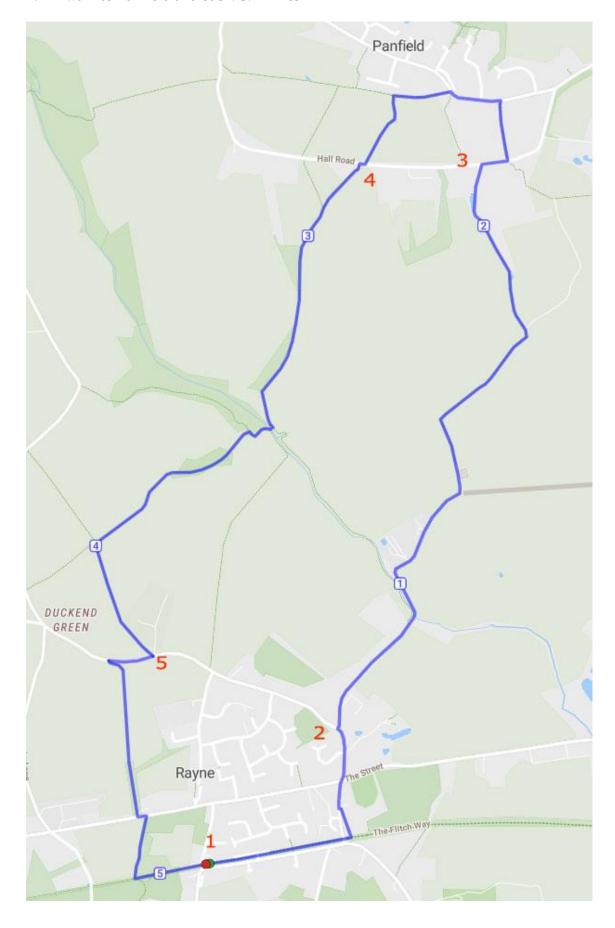


- 1. With the RailwayCarriage behind you, leave the station and immediately turn left through the crossing gate and walk up School Road which is straight in front of you. Walk up School Road for about 200 yards and there is a road on the left called The Paddocks. Walk up this road and there is a narrow footpath on the right that goes behind the bungalows. Take this path behind the bungalows and across the field to Fairy Hall Lane.
- 2. Turn left down Fairy Hall Lane past the Riding Stables and just past the next house is a footpath on the right. Follow this footpath and then across the field to Queenborough Lane.
- 3. Turn left along Queenborough Lane and after about 200 yards there is a track on the right. Follow this track keeping straight on when the track turns right to the house. Keeping the line of trees to your left follow these trees to the bottom of the field. Cross into the next field and head diagonally left across the field till you see the bridge across the stream into the next field. Cross this bridge and follow the path up the slope to the exit onto the Flitch way.
- 4. When on the Flitch Way directly opposite is a footpath between the houses, there is a Flitch Way information board just to your left and directly opposite is a footpath between the houses. Take the footpath directly opposite through to Guernsey Way. Turn left to the grass area and on the left are some steps down. Go down the steps, across the bridge and head right through the woods next to the field. Follow this path through the trees past the houses to Rayne Road.
- 5. Cross Rayne Road and turn left, cross the bridge and go through the gate on the right. Go across the car park and go to the far end of the field where there is a bridge into the next field. In this field turn right and follow the edge round to the left. Continue along the edge of the field and then through the wood until you reach a concrete track. Go left along this track for

60 yards and there is a path across the field to the Church. Take this path and continue towards the front of the church. Continue on this path out of the church yard and turn left onto Shalford Road. Cross the road and walk up to the traffic lights.

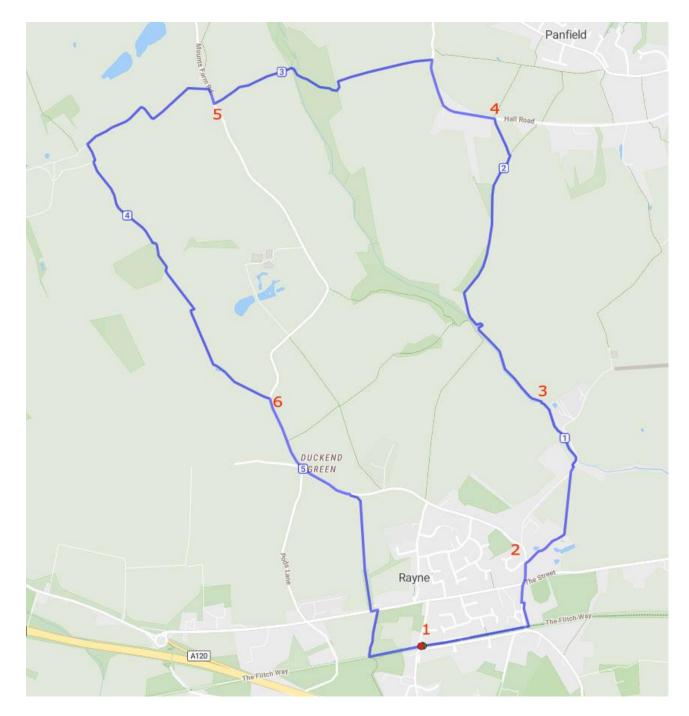
6. At the traffic lights turn right and walk through the village till just after the Post Office you will see Station Road on your left. Walk up Station Road back to the station.

# 4. A walk to Panfield and back. 5.1 Miles



- Leave the Station walking past the railway carriage, crossing Warners Close through the
  horse barriers and continue walking until you reach the road bridge over the track. Go under
  this bridge and there is a footpath to the left. Take this footpath which will lead you into the
  Village Hall car park. Walk through the car park till you reach the Village Hall and then join
  the road on your left. Down the road on the right is a set of traffic lights. Go straight across
  the traffic lights and down Shalford Road until you reach the Village Green and War
  Memorial on your right.
- 2. On the far side of the village green is a concrete track. Follow this track down the hill and back up the other side and past the airfield with the buildings on your right, for about a mile. The path will then reach a T junction. Turn right and follow along the edge of the field and then straight on along the edge of the next field. Follow the path round to the left and then straight on till you reach a road.
- 3. At the road turn right and after about 100 yds there is a footpath on your left between a house and a thatched cottage. This footpath will lead through to Kynaston Road where you turn left past the Bell pub. As the road turns to the right you will see some bushes on the left. Just after these bushes is a footpath that goes between two bungalows. Take this footpath along the edge of the field to the far side then turn left and continue walking along the edge of the field till you reach the road.
- 4. Turn right onto the road and almost immediately there is an entrance to the field on your left. Follow the edge of this field untill just before the edge turns right and there is a footpath across the corner of the field to a bridge. Cross this bridge and follow the path to the right. When the path splits go left. Follow this path out of the woods and then keep left when the path splits again. At the corner of this field is a footpath that goes across the next field to a gate. Go through this gate and through the orchard beyond, to the road.
- 5. At the road turn right and after about 200 yards there is an entrance onto the field on your left. Take this entrance and follow the footpath to the left. Follow this path across the fields until you reach the road. Turn left and cross the road to the footpath almost opposite. This footpath will take you to the Flitch way where you turn left back to the station.

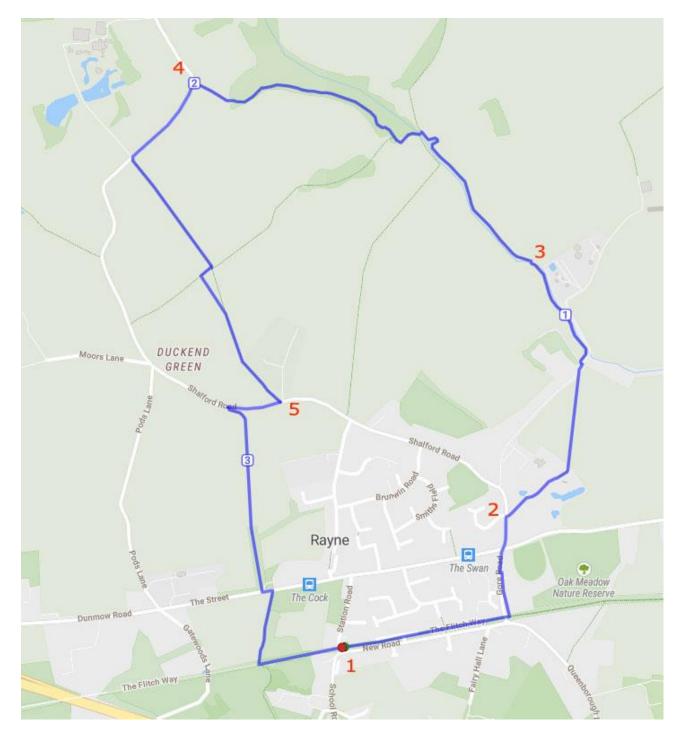
## 5. Across the fields towards Panfield and Saling. 5.9 Miles



- 1. Leave the Station walking past the Railway Carriage, crossing Warners Close until you reach the road bridge over the track. Go under this bridge and there is a footpath to the left. Take this footpath that will lead you into the village hall car park. Walk through the car park till you reach the village hall and then join the road on your left. Down the road on the right is a set of traffic lights. Go straight across the traffic lights and down Shalford Road until you reach the Village green on your right.
- 2. On the right of the village green is a track going to the church. Follow this track and go to the left of the church. There is a kissing gate there that leads to a path down across the field to a

- concrete track. Turn right along this track till you get to a gate and then before the gate go left along the edge of the field.
- 3. At the far side of the field is a bridge across the stream. Cross this bridge and continue left. At the far side of the field you have to go right around the ditch and then left again. Do not take the bridge across the stream but continue a few more yards till you reach a path that goes diagonally across the field to the trees on the far side. Walk along this side of the field till you reach a path on the left that goes diagonally across the field on your left. Take this path to Hall Road.
- 4. Turn left along Hall Road and follow it round to the right until there is a footpath across the field on the left. Follow the path and continue through the wood and straight ahead along the edge of the next field until you reach Shalford Road.
- 5. Turn right along Shalford Road and you will soon see a bridleway on the left. Follow this bridleway turning right and then left till it reaches a house. A track goes to the left. Follow this track and just after it turns right there is a footpath on the left. Take this footpath along the edge of the field to the wood. Cross the bridge and walk along the edge of the wood. At the far side of the wood there is a footpath straight across the field. When it reaches the track turn right and there is a footpath to the left across the next field. Continue along this path across a bridge and then diagonally across to Shalford Road.
- 6. Turn right along Shalford Road past Pods Lane until you get to a gate and a footpath on the right. Follow this footpath round the edge of the field and then straight across the field and along the line of trees to The Street. At The Street turn left and then right along a footpath beside the field towards the Flitch Way. At the Flitch Way turn left back to the station.

# 6. Through the fields North of Rayne. 3.6 Miles

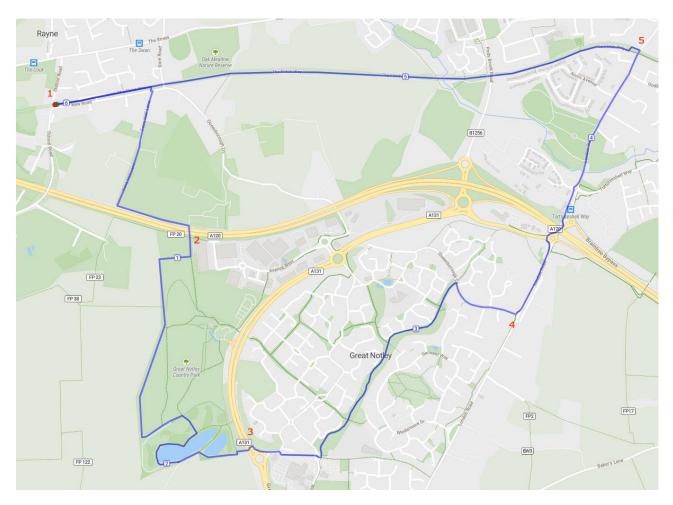


1. Leave the Station walking past the Railway Carriage, crossing Warners Close until you reach the road bridge over the track. Go under this bridge and there is a footpath to the left. Take this footpath that will lead you into the village hall car park. Walk through the car park till you reach the village hall and then join the road on your left. Down the road on the right is a set of traffic lights. Go straight across the traffic lights and down Shalford Road until you reach the Village green on your right.

- 2. On the far side of the village green is a concrete track. Follow this track down the hill until you reach a gate and then go left along the edge of the field.
- 3. At the far side of the field is a bridge across the stream. Cross this bridge and continue left. At the far side of the field you have to go right to get across the ditch and then left again. Continue until you reach a bridge on your left across the stream. Cross the stream and turn right into the wood. When the path forks take the right fork. Take this path through the wood and then across the field to Shalford Road.
- 4. At Shalford Road turn left and after about 300 yards there is a footpath on the left across the field. At the far side of the field turn right and then left down the side of the next field. At the corner of this field is a path going diagonally across to the trees. Follow this path across the field through the gate and through the orchard till you reach Shalford Road.
- 5. Turn right onto Shalford Road and 200 yards on the left is a footpath. Follow this footpath round the edge of the field and then straight across the field and along the line of trees to The Street. At the street turn left and the right beside the field to the Flitch Way. At the Flitch Way turn left back to the Station.

## 7. A walk to Great Notley and Braintree. 6 Miles

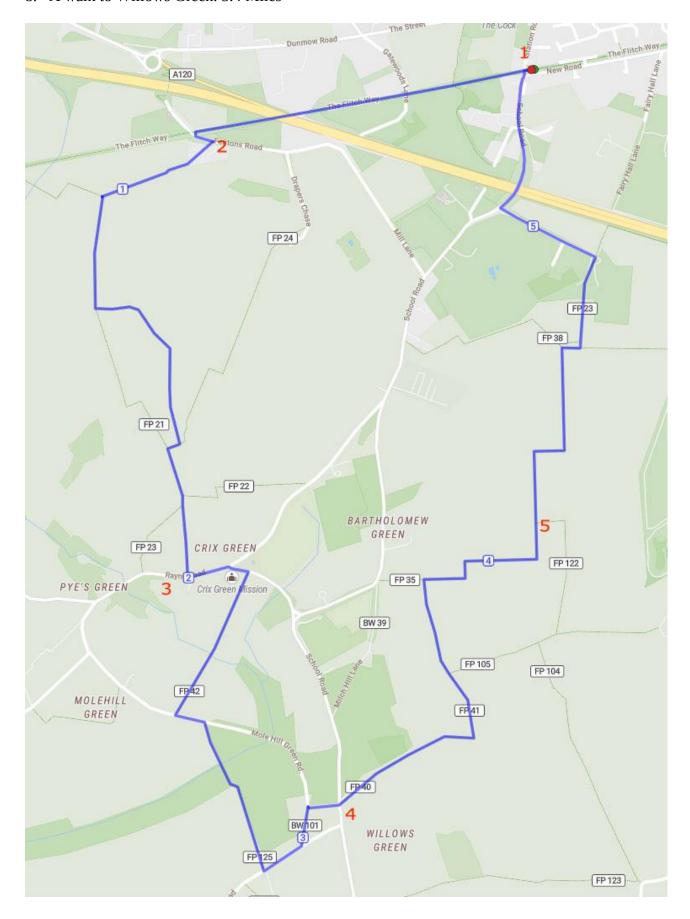
A walk that is mainly on firm pavements so suitable for wet, muddy conditions.



- 1. Start from the station and walk down the Flitch way past the Railway Carriage. Keep walking across Warner close. Just before the bridge where Gore road goes across the Flitch Way there is an exit to the right that leads out onto New Road. Across the road is Fairy Hall Lane. Walk down this lane past the Riding Stables to the end where the path turns left and goes along beside the A120. Take the bridge over the A120 when you reach it.
- 2. At the bottom of the slope off the bridge there is a path to the right. Take this path and follow it around the edge of the Great Notley Country Park. Turning left and then left again when you get to the far side. Continue till you reach the large Yellow frog. At the frog take the path on the right into the Nature reserve. Continue on this path till you reach the T junction at the lake and then turn right. Follow this path around the lake past the path which joins you from the right to the far side where the path forks. Take the right fork to the pedestrian crossing across the A131.
- 3. Cross the A131 and then follow the footpath around towards Tescos crossing Cuckoo Way till you see a footpath to the left. Take this path. When you reach Notley Green cross the traffic island and then turn left and follow the path through the green. Follow this path through the green till you reach Queenborough lane. Turn right and walk along Queenborough Lane till you reach London Road.

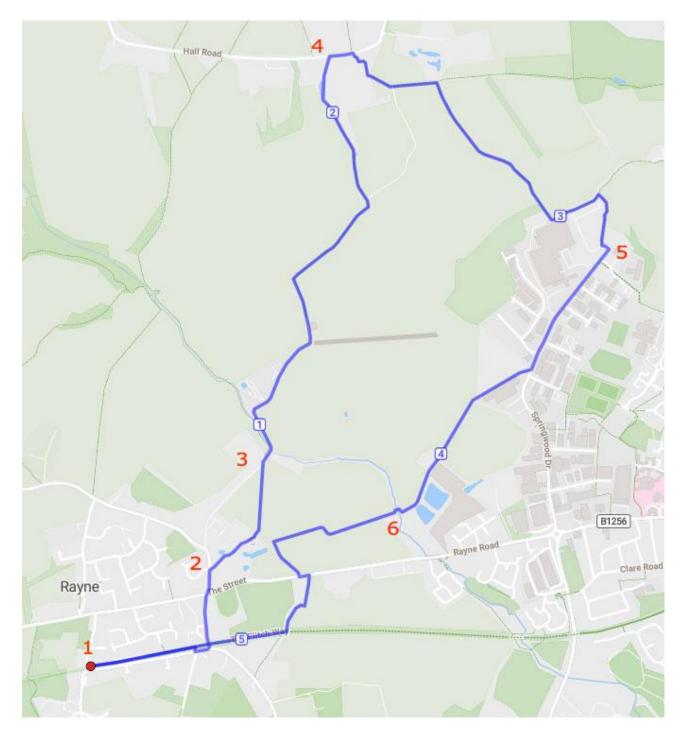
- 4. Turn left along London road past the King William IV pub. Keep to the left and take care crossing the roundabout and then go under the A120. Take the road that goes down on the left and re-joins the London Road at the roundabout. Continue along London Road down the slope and up past the cemetery. Just past Cecily Avenue you will be on the bridge across the Flitch Way. After the bridge is a footpath on the left down onto the Flitchway. Take this path and turn right onto the Flitch way.
- 5. Follow the Flitch Way over Pods Brook Road and through the countryside back to Rayne and the Station.

# 8. A walk to Willows Green. 5.4 Miles



- 1. Start the Walk from the station and walk along the Flitch Way away from the railway carriage. Continue along the Flitch way past the crocodile, across Gatewoods Lane and over the A120. Just before you get to Fentons bridge take the path on the left going up off the Flitch way to the road.
- 2. Look across the road to the left and there is a lane on the right. Walk up this lane keeping the house on your left and the barn on your right. Follow along the edge of the field till there is a footpath to the left. Follow this footpath along the field keeping the hedge on your left. Keep following the path next to the hedge when it turns left. Make sure you follow the path that goes between the trees. Follow this path going right and left till you reach the road.
- 3. At the road go left and then take the right fork, past the old mission hall now a house, there is a footpath on the right. Follow this footpath crossing several bridges till you reach Mole Hill Green Road. At the road turn left and after about 100 yards there is a footpath next to a driveway to a house. Follow this footpath beside the house, through the trees and then along the edge of the field to Evelyn Road. Turn left along Evelyn Road and after passing several houses there is a path on the left. Take this path to Mole Hill Green Road and turn right to Main Road.
- 4. At Main Road there is a track on the opposite side of the road. Follow this track to the end and then turn left. Go across this field to the solar panel farm. At the solar Panel farm keep straight on and then follow round the edge of the farm turning right, left, right and left. There should now be a path straight on away from the solar panels.
- 5. Follow this path turning right and left along the edge of the field until it forks. Take the right fork. After about 50 yards there is a gap in the hedge and a path straight across the field. Follow this path and then down the track till you reach Long Lane. Turn left along Long Lane until you reach School Road. Turn right at School Road and across the bridge over the A120 and then continue back to the station.

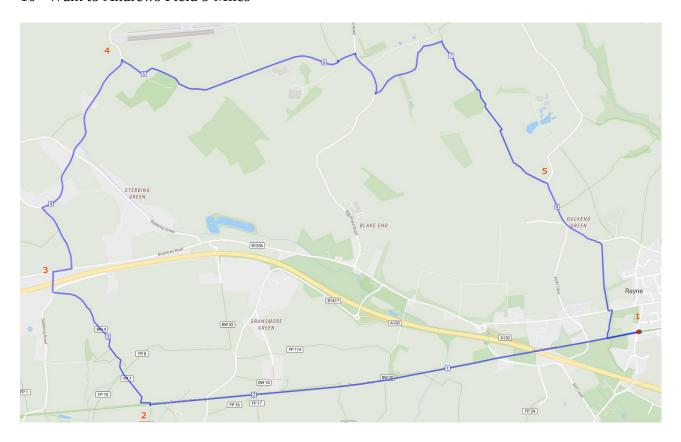
#### 9. A walk to Braintree and Panfield 6.0 Miles



- 1. Leave the Station walking past the railway carriage, crossing Warners Close until you reach the road bridge over the track. Go under this bridge and there is a footpath to the left. Take this footpath that will lead you into the village hall car park. Walk through the car park till you reach the village hall and then join the road on your left. Down the road on the right is a set of traffic lights. Go straight across the traffic lights and down Shalford Road until you reach the Village green on your right.
- 2. On the right of the village green is a track going to the church. Follow this track and go to the left of the church. There is a kissing gate there that leads to a path down across the field to a

- concrete track. Turn right along this track till you get to a gate and then go left along the edge of the field.
- 3. At the far side of the field is a bridge across the stream. Cross this bridge and continue left. At the far side of the field you have to go right to get across the ditch and then left again. Do not take the bridge across the stream but continue a few more yards till you reach a path that goes diagonally across the field to the trees on the far side. Walk along this side of the field till you reach a path on the left that goes diagonally across the field on your left. Take this path to Hall Road.
- 4. When you reach Hall Road turn right and after 100 yards there is a track to the right. Follow this track to the field and then go left around the edge of the field. Half way down the side of the field is a gap in the hedge. Go through this gap end then diagonally to the right across the next field. Follow the path into the next field and turn right at the far side. This path will continue towards the industrial buildings where it turns left past the recycling centre. At the far side of the recycling centre turn right and follow the path to Springwood Drive.
- 5. Walk 500 yards down Springwood Drive past Tamdown Way. Shortly after Tamdown Way there is a footpath forking to the right. Follow this footpath to the right of the large industrial building and through the woods. Keep following this path along the edge of two fields, past the new houses and eventually to a small bridge across the stream.
- 6. After crossing the bridge turn left and follow the edge of the field up to the Church. As you enter the Church yard there is a path on the left that goes across the field to the far corner. When you get to the far corner go through the gap in the hedge onto Rayne road. On the opposite side of the road are two houses. To the left of these two houses is a footpath. Follow this footpath till it reaches the Flitch way. Turn right along the Flitch Way back to Rayne station.

#### 10 Walk to Andrews Field 9 Miles



- 1. Start the walk from the station and walk along the Flitch way away from the railway carriage. Continue along the Flitch way past the crocodile, across Gatewoods Lane and over the A120. Fentons brige will probably be closed and you will have to go up to the road on the left and then back down on the other side. Continue walking along the Flitch Way for 2.5 miles. About 0.25 miles past Bannister Green halt there is a footpath on the right.
- 2. Follow this footpath and turn left round the edge of the field and into the adjacent field. Turn right and follow the hedge to the far side and through into the next field. Straight across this field then turn right and follow the hedge round to the left and along to the barns. At the barns there is a track, follow this track to the bridge over the A120 and cross over the bridge to the B1256.
- 3. Turn right and take the first left along Porters Hall Road. Walk along Porters Hall road round to the right when you reach the farm and continue until you reach the cross roads at Stebbing Green. Go Straight across the crossroads towards the airfield. After about 0.5 miles there is a concrete lane to the right. Walk up this track to the trees and turn left beside the trees. At the end of the trees turn right and go straight across the field to the corner of the trees opposite. Keep going straight around the edge till you get to a track to your left. Follow this track forking left across the field and keep going past the trees and then the buildings till you reach the main road.
- 4. At the road turn right past the house and industrial buildings till you reach track on the left beside a security gate and signposted as a bridleway. Follow this track till it crosses another track. Turn right and pass in front of the barn and continue till you reach the line of trees on your right. With the trees on your left continue down the edge of the field till you reach the wood. Cross the bridge and walk along the edge of the wood. At the far side of the wood there is a footpath straight across the field. When it reaches the track cross straight over onto the footpath which

leads across the next field. Continue along this path across a bridge and then diagonally across to Shalford Road.

5. Turn right along Shalford Road past Pods Lane until you get to a gate and a footpath on the right. Follow this footpath round the edge of the field and then straight across the field and along the line of trees to The Street. At The Street turn left and then right beside the field to the Flitch Way. At the Flitch Way turn left back to the station.

## 11. A walk through Great Notley towards Black Notley 8.5 Miles

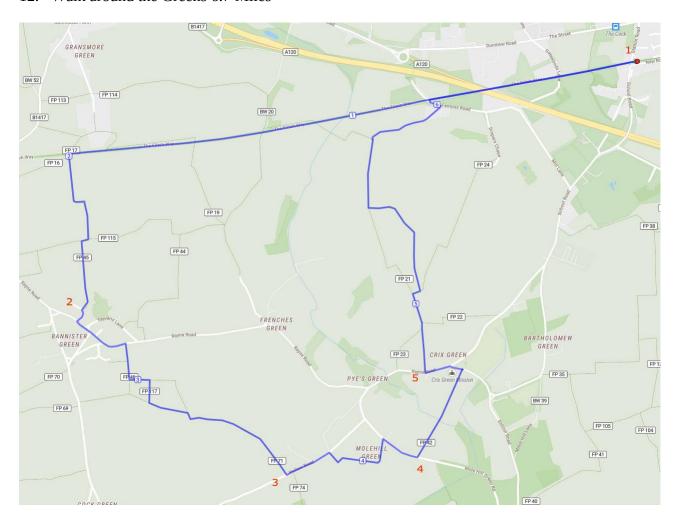


- 1. Start from the station and walk down the Flitch way past the Railway Carriage. Keep walking across Warner close. Just before the bridge where Gore road goes across the Flitch Way there is an exit to the right that leads out onto New Road. Across the road is Fairy Hall Lane. Walk down this lane past the Riding Stables to the end where the path turns left and goes along beside the A120. Take the bridge over the A120 when you reach it.
- 2. Keep straight on until you reach the high ropes and then turn left passing behind the Discovery Centre. After the Discovery Centre turn left and pass over the road to the car park and down under the A131. Go straight on along this path across Hidcote Way straight across the island at Cuckoo Way and continue straight along the path across another path until you come out beside a house in Levens Way. Turn right and walk to the end of Levens Way and then left to the end of Ennerdale Avenue. When you reach the end of Ennerdale Avenue turn

right onto Windermere Drive and continue until you reach London Road.

- 3. Windermere Drive splits just before reaching London Road. Take the left fork and directly across London Road is a small lane between the houses. It is called Pickpocket Lane but there is no sign saying so. Walk along Pickpocket Lane until it reaches Bakers Lane. Cross the road and turn left and walk along Bakers Lane with care as this can be a busy road. After about 200 yards just before the buildings is a foot path on the right.
- 4. Follow this footpath along the edge of the field till the path goes through to the field on your left and then right directly into the next field. Follow the left track straight across this field and through the trees and into the next field. Go left and follow this track through the hedge till it reaches another track with a corrugated iron barn on your right. Turn right and follow the path along the edge of the field and round to the right to the opposite corner. Where it turns left into the next field. Walk along the edge of this field till it reaches Dagnets Lane.
- 5. Turn right along Dagnets Lane for almost 1.5 miles. At first it is a Green lane and then turns into a little used road. When you reach London Road turn left and turn right down Blackley Lane. Go down Blackley lane under the A 131, past the farm entrance and the house as the road bends to the left. Continue until the road does a sharp left and there is a footpath on the right that splits into two. Take the footpath on the right that goes straight across the field.
- 6. Follow this footpath straight across the field and across the next. There is a gap in the hedge go through this gap and continue along the edge of the field till you reach the solar panels. Turn right and after a few yards turn left over the ditch and follow along the edge of the solar panels. Turn left when you reach the far side of the Solar panels and you will reach a T junction with another path. Turn right.
- 7. Follow this path turning right and left along the edge of the field until it forks. Take the right fork. After about 50 yards there is a gap in the hedge and a path straight across the field. Follow this path and then down the track till you reach Long Lane. Turn left along Long Lane until you reach School Road. Turn right at School Road and across the bridge over the A120 and then continue back to the station

#### 12. Walk around the Greens 6.7 Miles



1. Start the Walk from the Station and walk along the Flitch way away from the railway carriage. Continue along the Flitch way past the crocodile, across Gatewoods Lane and over the A120. If Fentons Bridge is closed go up to the left and down the other side. Continue walking along the Flitch way for I.25 miles. Past a footpath on the left, a bridleway that crosses the track and another footpath on the left till you get to a wooden fence (see photo) on the right. About 200 yards

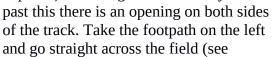
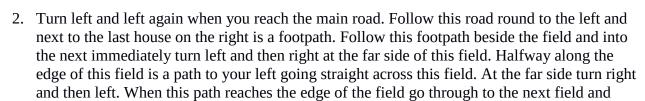


photo). At the far side turn left and after about 100 yards take the path to the right. Follow the edge of this field round to the right and turn left towards the houses. Continue on this path till it reaches Cressages Close.



- there is a path straight across to the corner of the trees. Follow this path to the trees and then to the right along the trees then through the gate keep right and over the stile to the road.
- 3. Turn left along Hollow Road. Continue along Hollow Road for 300 yards until you reach a large concrete driveway on your left and a drive on your right to a house. Go up the drive on your right. At the end of this drive is a footpath to your left. Follow this footpath and at the end turn left and continue till you reach Mole Hill Green Road.
- 4. Turn right along Mole Hill Green Hill Road and after 200 yards there is a house on the left. Just before this house is a footpath on the left. Follow this footpath crossing over several small bridges till you reach a road. Turn left at the road and left again at the T junction. After about 150 yards you will see a footpath on your right.
- 5. Follow this footpath between the trees for about three quarters of a mile, turning right and left and then curving to the left again till you reach the end. Turn right and follow the path into the next field and at the far side of that field turn right and follow along the hedge to the buildings. Go between the barn and the house and reach Fentons Road. Turn left along Fentons Road and then right down onto the Flitch Way. Turn right onto the Flitch Way back over the A120 to the Station.